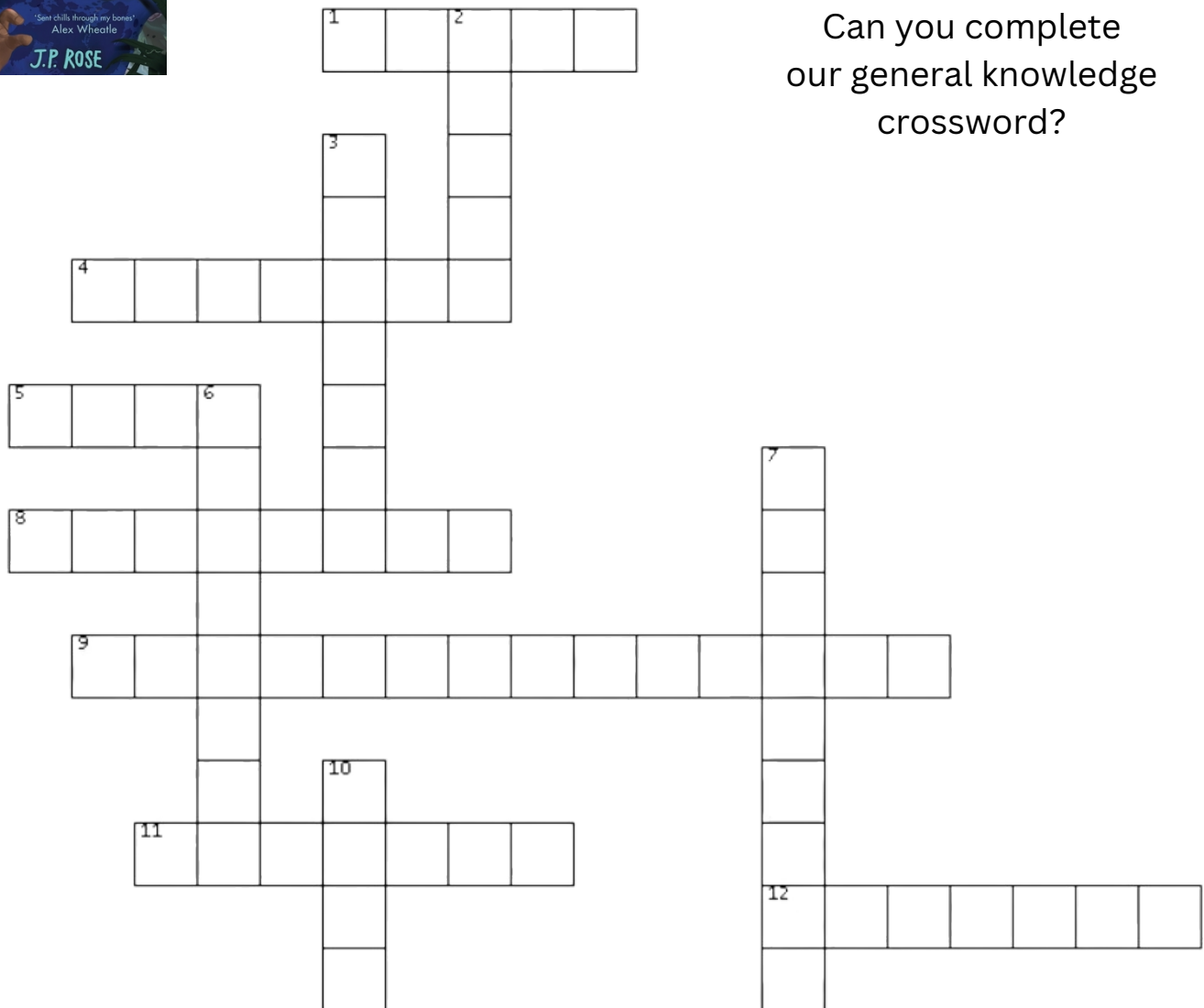




Jamaica Crossword



Can you complete our general knowledge crossword?



ACROSS

- 1. The colours on the Jamaican flag are black, yellow and _____?
- 4. What is the most popular sport in Jamaica?
- 5. A style of Jamaican cooking where meat, usually chicken or pork, are marinated in hot spices.
- 8. What was the name of the 1993 film that was loosely based on Jamaica's attempt to enter the bob-sled competition at the Winter Olympics, Cool _____? amaica? (hint: colour)

- 9. Which religion began in Jamaica in the 1930s?

- 11. What is the official language of Jamaica?
- 12. One of the indigenous groups

DOWN

- 2. How many Olympic gold medals has Usain Bolt won?
- 3. A popular game in Jamaica.
- 6. What is the capital of Jamaica?
- 7. Jamaica is an island country in which sea?
- 10. Which mountain range contains the highest point in Jamaica? (hint: colour)



Horror stories



Can you write a two-sentence horror story?

We've given you some examples to help you get started.

She went upstairs to check on her sleeping toddler.
The window was open and the bed was empty.

You hear your mum calling you into the kitchen.
As you are heading down the stairs you hear a whisper from the closet saying, "Don't go down there honey, I heard it too."

I wake up and everything feels wrong; it's too quiet outside. I look out the window and see everyone standing still, looking at my house.



Caribbean Food



Have you ever eaten any Caribbean food?
What is your favourite?

Have a go at making one of these recipes and sharing it with your book group.



Jerk Chicken:

<https://www.bbcgoodfood.com/recipes/jerk-chicken>

Caribbean beef patties:

<https://www.bbcgoodfood.com/recipes/caribbean-beef-patties>



Sweet potato and black bean curry:

<https://www.bbcgoodfood.com/recipes/jerk-sweet-potato-black-bean-curry>

Rice and peas:

<https://www.bbcgoodfood.com/recipes/rice-and-peas>



Spiced glazed pineapple

<https://www.bbcgoodfood.com/recipes/spiced-glazed-pineapple-cinnamon-fromage-frais>



Tropical breakfast smoothie

<https://www.bbcgoodfood.com/recipes/tropical-breakfast-smoothie>

